



**Principal: Lance Nesbit**  
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# NEWSLETTER

15<sup>th</sup> September, 2021

## UPCOMING EVENTS AT LONSDALE

16/9/21	Thursday	Sammy 'D' incursion Years 4/5 and 6/7
<b>24/9/21</b>	<b>Friday</b>	<b>Last Day Term 3 – 2.15 p.m. dismissal</b>
11/10/21	Monday	1 <sup>st</sup> Day Term 4, 2021

**LAST DAY SCHOOL TERM**  
**FRIDAY 24TH SEPTEMBER**  
**2.15 P.M. DISMISSAL**

### HELPING AT LONSDALE HEIGHTS SCHOOL

Would you like a more active role at your child's school? We have a number of ways you can be actively involved. Firstly you could become a Governing Council member. **The Governing Council:** The Governing Council are legally formed bodies that are given powers (such as approving the budget and assist with setting the strategic direction of the school) and therefore influence the quality of education that the school provides for its students. Governing Council meet twice per term.

**Canteen:** You could also assist in our wonderful school canteen, helping with food preparation and serving.

**Reading:** Reading with students is very rewarding. Any extra time students get to read is a very positive outcome.

**Excursions:** Excursions require extra help at times with supervision as we have to adhere to ratios of adults to children. If you think you would like to be involved with any of our excursions let your child's teacher know, but we would still require the documents below before this can happen.

**Garden area:** We have a garden area at the back of the school which needs some tender loving care. If you have a desire to work in a garden or you would like to help pull some weeds we would be more than appreciative.

*The stipulations we have for parents volunteering in a school is that they apply for the Working with children's check (which is free for volunteers) and do an online mandatory Responding to Abuse and Neglect training for volunteers, which is also free. We can assist with both of these.*

*If you think you would like any active role in the school, please speak to one of our leadership team.*

### CANTEEN NEWS

The canteen will be open for Thursday only in the last week of school. Please make sure you send your child with a packed recess and lunch on Friday 24<sup>th</sup> September.

**New Menu Item:** We now are selling Quiche. We currently have a special running for Quiche and a Moosie for \$4.00.

**WE ARE LITTLE ATHLETICS**  
Season 2021-22 Open Now

Hi all The 2021/22 Little Athletics Season has begun!  
If you are new or returning this season, head to our website  
[www.noarlungalac.com.au](http://www.noarlungalac.com.au)  
or this link  
<https://registration.resultshq.com.au/CentreRegistration/CentreInfo/238a0918-917f-46bb-8bfe-e4dd0b5513f0/>  
to register and come on out Sunday mornings at 8:30 am.  
We start on the 12th of September 2021.  
We'd love to see you! NLAC

REGISTER TODAY Ph: 0435-141-275



The AFP is urging parents to have regular conversations with their children about their online activities. To help them navigate these conversations, parents can refer to the *Covid lockdown: What you need to know to keep your child safe from online child sexual exploitation* guide, which is being released today to coincide with the final day of National Child Protection Week 2021.

Developed as part of the AFP's education and prevention program, ThinkUKnow, the guide provides parent with simple steps they can follow to manage risks. It also provides parents with information about what they can do if they think, or know, a child is being exploited online.

Some of the AFP's top tips to keep children safe include having the privacy settings of their social media account set to 'friends only' or 'private' to ensure they are not contacted by someone wanting to do them harm, and turning off any location settings that could show where they go to school or where they live. Parents should also encourage children not to share any personal information with 'friends' they meet online.

The guide can be found on the [ThinkUKnow website](#) and the [ACCCE website](#).

The ACCCE is committed to stopping child exploitation and abuse and is at the centre of a collaborative national approach to combatting organised child abuse.

The Centre brings together specialist expertise and skills in a central hub, supporting investigations into child sexual abuse and developing prevention

**TOYOTA TINY TOTS**  
Program for 3-5 Year Old's

JOIN OUR CLUB TODAY

WE ARE LITTLE ATHLETICS

**Soccer Life Mastery 3v3 Futsal Championships**

Grab a couple of friends and compete with players from all over the state in Adelaide's 3v3 Futsal Championships

**3-a-side**  
No goalkeepers (small goals)  
Play a minimum of five games  
Age groups: U10, U12, U14  
Coed competition: boys & girls  
Win prizes and awards!

**Anyone can register!**

Only 12 team registrations per age group, be quick before you miss out!

A school holiday, one-day event  
The Parks Recreation & Sports Centre  
Approximately 9am - 5:00pm  
Friday 1st of October

To register or for more information head to [soccerlifemastery.com/3v3](http://soccerlifemastery.com/3v3)

[The Australian Federal Police have asked us to share this information with you regarding fast growing online child abuse trends. Please read the following:](#)

strategies focused on creating a safer online environment.

Members of the public who have any information about people involved in child abuse and exploitation are urged to call Crime Stoppers on 1800 333 000 or [report online](#).

If you or someone you know are impacted by child sexual abuse and online exploitation there are [support services available](#).

For further information please contact the school.